

EAGALA Model Q&A for ES and MH Facilitators -New & Seasoned: A Panel Discussion

Presenter Name: Patti Mandrell, MEd

Licensure Credentials: M.Ed, LPC

Secondary Presenter: Randy Mandrell, Eagala Trainers

Licensure Credentials: n/a

This panel is designed for Equine Specialist (ES) and Mental Health (MH) practitioners, as well as anyone else wanting to get a better understanding of the relational role of the ES in an EAGALA facilitation team. This panel is ideal for those newer to the model as well as those who continue to have questions about what an ES does in sessions and in relation to their MH partner. If you're wondering what is your responsibility as an ES generally? What is your role in a treatment team supporting your MH? What is the impact of an ES in sessions and their outcomes? How do you manage your 'S in sessions? How do you become a better co-facilitator with both your horse partners and your MH partner? If you have such questions, among any number of others that involve the ES/MH/Horse partnership, this Q & A is for you! This is a participant driven panel in which you will have the opportunity to take an active role in asking questions and learning from others.

Objective 1: Participants will be able to identify how the Equine Specialist supports the Mental Health provider in the treatment team.

Objective 2: Participants will be able to identify 3 client benefits resulting from a team approach (or from having an Equine Specialist present)

Objective 3: Participants will participate in a discussion with Mental Health Providers and Equine Specialists to deepen their understanding of the Equine Specialist role in a treatment team and the impact on treatment facilitation and outcomes.

Presenter Bios:

Patti Mandrell, M.Ed is a Licensed Professional Counselor with an extensive background in both the clinical and professional consulting world, and she is the Executive Director of a well-established non-profit Equine Assisted Therapy practice in Lubbock, Texas. She is the author of the internationally known textbook "Introduction to Equine Assisted Psychotherapy," which is currently used in several colleges and universities. She has been the guest on many radio and television networks promoting the use of EAP when working with various client populations. She has been an Eagala trainer for over 20 years.

Randy Mandrell is co-founder and Director of Equine Services with Refuge Services of Lubbock, Texas. He is the first horse professional to offer EAP services on an outpatient basis in the state of Texas and has incorporated Eagala model work into his business for 25 years now. Randy has over 45 years of experience with horses, including years as a horse trainer and farrier. Randy was recognized by Eagala as "Outstanding Horse Professional" in 2001. He is Advanced certified by Eagala and has been a trainer for over 20 years. He previously served as director of equine services for a residential treatment center for girls with eating disorders.