Facilitating as a Dynamic Eagala Team

Presenter Name: Mary Ann Brewer Licensure Credentials: Equine Specialist **Secondary Presenter:** Debra Farber, MA

Licensure Credentials: LPC

A defining feature of the Eagala model and what sets us apart from the rest of the equine-assisted learning world is our Team Approach requirement. This interactive workshop is a provocative look at what can make a team and what can break a team. We'll share many real-life, in the arena, ways to build an effective and fulfilling facilitating team so we not only help people but enjoy the process.

Objective 1: Participants will experience their own point of view in this interactive workshop. **Objective 2:** Participants will gain a deep understanding of why the team approach is so valuable. **Objective 3:** Participants will learn what they need in a team member and how to be a valuable part of

the team.

Presenter Bios:

Mary Ann Brewer

Equine Specialist from NJ, USA

Eagala Certified in '06; Advanced Certified in '10, a mentor in 2012, and a trainer for Eagala in 2023. Mary Ann has presented both in the classroom and arena at past Eagala conferences.

Co-founder of In the Company of Horses Inc., Mary Ann currently, co-facilitates, alongside 14 mental health professionals (Eagala certified and not Eagala certified) and her own six horses as well as many horses belonging to others; assisting many different ages and populations of clients both private and in institutions. Mary Ann is currently the Therapeutic Equine Specialist at Hackensack Meridian Health's mental health hospital, Carrier Clinic in Belle Mead, NJ. A graduate of horsemanship school in 2005, MaryAnn has developed and helps people and horses all over the world in person and online through "For the Love of HorsesTM" Relationship-Based Horsemanship.

Debra G Farber is a Licensed Professional Counselor in New Jersey. She has a master's in counseling from Rider University, Lawrenceville, NJ and a master's in communication and information studies from Rutgers University, New Brunswick, NJ. Ms Farber is Advance Certified by the Equine Assisted Growth and Learning Association (EAGALA) and has served as a mentor to others in this field and is now a trainer for the organization. She has been specializing in equine assisted therapy and learning since 2009 providing psychotherapy services to those with mental health issues (PTSD, addictions, depression, anxiety, grief, adjustment issues, and learning disabilities) and equine learning opportunities to corporate teams and non-profit groups. Ms. Farber has presented her work at the EAGALA global conference both in the classroom setting and in the arena with horses to demonstrate the work to others. Ms. Farber currently works with Columbia University on the Man-O-War project assisting veterans with severe PTSD.