

EAGALA Part I Training
Pal-O-Mine Equestrian, Inc. Islandia, New York
Thursday, July 8 – Saturday, July 10, 2010

Schedule: 8:30 a.m.- 5:00 p.m. daily (Lunches included!) (may end by 4:00 pm on day 3)
Please plan on attending the entire time.

Liability: All participants will be required to sign a Release of Liability form at the training in order to participate. Please contact us if you have any questions or concerns.

Host Facility: Pal-O-Mine Equestrian, Inc., 829 Old Nichols Road, Islandia, NY 11749
www.pal-o-mine.org **Contact:** Caroline T. Nordstrom, (631) 348-1389, cthompson@pal-o-mine.org

Airports:

Long Island MacArthur Airport (ISP) (10 min)
LaGuardia Airport (LGA)- 42.35 Miles
John F. Kennedy International Airport (JFK) - 42.65 Miles

Hotels:

The Hampton Inn, Islandia –starting at \$149.00+ tax, 1600 Veterans Memorial Highway, Islandia, NY 11749, (631) 234-0400, www.hamptoninnislandia.com, Hot breakfast buffet-tea and coffee available. Complimentary shuttle service to and from Islip MacArthur Airport- Wireless internet access.

Holiday Inn, Islip MacArthur Airport- \$169.00+ tax, 3845 Veterans Memorial Highway, Ronkonkoma, NY 11779 631-585-9500, Toll Free: 1-888-HOLIDAY

Islandia Marriott Long Island- \$149.00+ tax, 3635 Express Drive North, Islandia, New York 11749, 631-232-3000, 1-800-228-9290

La Quinta Inn & Suites, Islip MacArthur Airport- starting at \$139.00+ tax, 10 Aero Rd, Bohemia, NY 11716 (631) 881- 7700

Directions:

Long Island MacArthur Airport (ISP) To Pal-O-Mine- 5.72 Miles

Take Veterans Memorial Highway/ NY- 454 West Turn slight Right onto Lakeland Avenue/ CR- 93 North Turn Left onto Express Drive North/ Expressway Drive North Turn slight Right onto Old Nichols Road Pal-O-Mine is ¼ mile on your Right

LaGuardia Airport to Pal-O-Mine- 42.35 Miles, Merge onto Grand Central Parkway E toward Eastern Long Island (2.8 miles), Long Island Expressway (I-495) Exit 10E- toward Eastern Long Island (37.7 miles), Take Exit 58 toward Old Nichols Road/ Nesconset, At the end of the off ramp turn Left onto Old Nichols Road, Pal-O-Mine is ¼ mile on your Right

John F. Kennedy International Airport to Pal-O-Mine- 42.65 Miles

Merge onto Belt Parkway East via exit 25A toward Eastern Long Island (3.2 Miles)

On Belt Parkway East follow signs to the Southern Parkway East/ Southern State Parkway. Stay on the Southern State for 25 miles. Stay left to take the Sagtikos Parkway North via Exit 41A toward Sunken Meadow Park (3.9 Miles) Merge onto I-495 East/ Long Island Expressway via exit S1 East toward Riverhead (6 Miles), Take Exit 58 toward Old Nichols Road/ Nesconset, At the end of the off ramp turn Left onto Old Nichols Road Pal-O-Mine is ¼ mile on your Right

Weather:

Long Island, in July, has an average high of 88 and a low of 66 degrees. Please wear boots. Pal-O-Mine has an indoor arena for inclement weather.